

AMN Newsletter

ACTIVE MINDZ' MONTHLY NEWSLETTER - MARCH 2021



EVENTS FOR THE MONTH OF APRIL 2021

4TH APRIL
EASTER SUNDAY

7TH APRIL
WORLD HEALTH DAY

8TH APRIL
HAWAIIAN DAY

12TH APRIL
START OF RAMADAN

18TH OF APRIL
INTL. DAY FOR MONUMENTS &
SITES

22ND APRIL
EARTH DAY

29TH OF APRIL
INTERNATIONAL DANCE DAY

Active Mindz Nursery is a nursery that exemplifies high standards of teaching practice and focuses on the holistic development of children. The children interact with one another in a safe and secure environment and daily plans ensure that the individual, academic, social, emotional and cognitive needs of children are met.

AMN'S VIRTUAL GRADUATION

On 27th March, It was hats off to children of Active Mindz Nursery as they left to begin their new journey in big school. Children wearing tailor-made graduation caps and gowns were treated to a special Virtual Graduation ceremony, where every child was presented with a certificate as a souvenir of the occasion.

Congratulations to all graduates and Best Wishes for their next adventure!



WORLD BOOK DAY

To celebrate our love for reading and our favourite books. Our kids came to the nursery wearing the costume of their favourite book characters to celebrate World Book Day! Throughout the day, children took part in different activities and talk about their favourite storybook characters.

Early reading ignites creativity, sparks curiosity, and stimulates the imagination in young children. Often, this leads to role-play as children grow which helps to develop other skills such as empathy, problem-solving, and morality.



EMIRATI CHILDREN'S DAY

On 15th March, we celebrated Emirati Children's Day with the theme "Right to play", in line with the UAE government's explicit commitment towards sustaining children's rights. Our kids celebrated this special occasion by proudly wearing the colours of the UAE flag and danced along to Arabic music.



GREEN DAY

On 17th March, the children came to the nurse wearing their best green outfits. They also had great fun celebrating the green day at the nursery with some Irish dancing and green-themed activities including sticking green-colored paper to decorate their trees.



WORLD ORAL HEALTH DAY

On 18th March, we celebrated World Oral Health day by giving them their own toothbrushes and then used these on a set of role-playing teeth to practice the proper toothbrushing techniques. Our nurse explained the importance of brushing their teeth twice on a daily basis.

In the early years, helping children develop healthy habits to care for teeth while they are young is important. They can avoid many of the problems that result from poor oral health, including gum disease, cavities, and tooth decay.



MOTHER'S DAY CELEBRATION

On 21st March, our children celebrated UAE Mother's Day by surprising them some handmade flower bouquets to give to their moms when they reach home. We also held a Virtual Mother's Day celebration with our special guest, Dr. Gemini Mahajan who shared her expertise on Holistic Healthcare for Women.

Thank you to all the mothers who participated on our Virtual Mother's Day celebration.



EARTH HOUR

On 27th March, we joined millions across the globe in switching off our lights for Earth Hour 2021. In Active Mindz Nursery, we are committed to protecting the environment as we build back greener.

Earth Hour encourages everyone to switch off all their electric lights for one hour. Our AMNites celebrated this day for planet earth by doing some fun activities in the dark such as playing board games, having a candle light dinner and making animal shadows.



COLOR SPLASH DAY

On 28th March, As the weather was a lot warmer this month, water play became a favourite and the children participated in lots of water play activities—creating lots of splashes and getting very wet.

Water play provides the early years with a multitude of learning and development opportunities. Water play activities help to develop and strengthen children's gross and fine motor skills. Children enhance their gross motor skills, coordination and physical fitness through lifting, pouring, carrying, running, and splashing, while actions such as squeezing help to develop the small muscles in a child's hands.